Psychology Internship Program

The Training Setting:

HealthEast Care System is the largest health care organization on the eastern side of the Minneapolis/St. Paul metropolitan area. Our primary service area encompasses Dakota, Ramsey and Washington Counties and their more than 1 million residents. Our 7,300 employees; 1,200 volunteers and 1,400 physicians provide compassionate care at HealthEast’s four hospitals (Bethesda Hospital, St. John’s Hospital, St. Joseph’s Hospital, and Woodwinds Health Campus), 13 primary care clinics, various specialty clinics, home care and medical transportation division.

During the past decade, the East Metro has become increasingly culturally diverse; people of color now represent 24% of the population. HealthEast’s service area is also linguistically diverse. Non-English speakers account for more than 8,000 hospital visits per year. Our patients speak Hmong, Karen, Russian, Spanish, Somali and many other languages. Currently, about 11% of residents in our service area are elderly. 17% of people in Ramsey County live in
poverty. Although Minnesota has excellent social services, health disparities are still common. Twelve percent of Ramsey County residents do not have health insurance. Five neighborhoods have been federally designated as medically underserved.

**HealthEast’s Mission Statement:**
We are called to improve the health of our neighbors. We have the following values:

- Create a “customer first” experience
- Act with Courage
- Nurture trust and confidence
- Find joy in what we do

**Vision:** Optimal health and well-being for our patients, our communities and ourselves

Although our mission statement reflects more than a century of heritage, clinicians are not required to hold any particular religious beliefs or deliver care within a religious framework. Our values do not impact eligibility for services or recruitment of staff or interns.

**Role of Psychology:**
HealthEast’s psychology program currently consists of nine licensed psychologists, each with specific areas of specialized treatment focus. We serve our community as psychotherapists, evaluators, consultants and supervisors for a broad range of programs. We are committed to evidenced-based therapeutic approaches, social justice and diversity.

HealthEast hospitals offer a comprehensive suite of mental health services for outpatients and inpatients. These include individual psychotherapy, group psychotherapy, personality assessment, neuropsychological testing, a trauma recovery program, and substance abuse treatment.

**Training Model and Program Philosophy:**
HealthEast’s Doctoral Psychology Internship Program is a generalist model rooted in a practitioner-scholar orientation. Our goal is to ensure that interns acquire solid science-based knowledge and superlative clinical skills. We believe that a well-trained psychologist delivers patient care grounded in evidenced-based clinical practices. In the same way, the science of psychology is influenced by questions created through clinical work. Accordingly, we encourage our interns to contribute to the professional literature through their clinical observations and encounters with patients. Our interns are expected to be sensitive to ethnic, cultural and individual differences.
The program’s primary focus is to help interns become competent as professional psychologists. We believe that universities provide the initial pre-clinical preparation (the core areas of psychology, research methodology and the fundamentals of clinical practice) while internships help trainees apply what they have learned and develop advanced clinical skills. Interns are expected to work with a variety of patients using a wide range of assessment, therapeutic approaches and techniques.

The internship year is a time of transition from student to independent practitioner. Interns initially receive close clinical supervision and intensive instruction. Over time, interns gain greater autonomy. By program completion, they largely function as independent practitioners. Our interns also develop the flexibility and adaptability to meet the changing landscape of complex health care systems. For this reason, professional attitude and demeanor are as important as psychological knowledge and skills. These competencies are thus included in formal evaluations by each rotation supervisor.

**Training Goals & Objectives:**
The Training Program Model and Philosophy are expressed in the following broad goals and specific objectives:

**Goal #1:** Develop competence in psychological evaluation and assessment of adults who present a wide range of diagnoses and difficulties.

*Objective:* Interns will develop competence in diagnostic interviewing and administration of a variety of psychological instruments, techniques and assessments.

**Goal #2:** Develop competence in psychological interventions with adults who present a wide range of diagnoses and difficulties.

*Objective:* Interns will develop competence in psychological interventions for a variety of diagnoses, difficulties, and needs. Interns will learn a wide range of therapeutic orientations, techniques, and approaches. General psychotherapy skills will be emphasized along with at least one empirically-supported modality.

**Goal #3:** Develop competence in providing consultation and supervision.

*Objective:* Interns will develop competence in translating psychological principles to department leaders, colleagues, and professionals from different disciplines.

**Goal #4:** Demonstrate competent professional and ethical behavior and sensitivity to diversity issues.

*Objective:* Interns will demonstrate behavior consistent with professional standards and ethical guidelines (i.e., a mature understanding of professional ethics as well as issues of ethnic, cultural, gender, sexual, and other aspects of diversity).

**Goal #5:** Develop maturing professional identity, an understanding of professional issues and a perception of themselves as “Psychologists.”
Objective: Interns are expected to be aware of their continuing developmental and professional goals. Interns will be aware of emerging developments and possess realistic career plans (as judged by their supervisors) as evidenced by vocational or training choices to be pursued upon completion of the program.

Goal #6: Develop a skilled interface between science and practice by applying scientific knowledge in clinical settings, being educated consumers of empirical research and engaging in research projects or program evaluation.

Objective: Interns will understand the interface between science and practice by applying scientific knowledge to the clinical setting, being educated consumers of empirical research, and participating in research projects or program evaluation.

Evaluations:
Evaluation is an important component of training. Interns are informally and formally evaluated by supervisors throughout the training year. The goals stated above reflect what the program believes are essential for independent practice. Interns undergo baseline evaluations at the beginning of the training year with re-evaluations occurring at the end of each trimester for rotations and mid-year and end of the year for adjunctive experience(s) and group supervision of topics in psychology. Evaluations are discussed with interns and may be modified by mutual agreement before being placed in the training files.

Graphic representation of the program’s structure and evaluations:

<table>
<thead>
<tr>
<th>Rotation (s)</th>
<th>Trimester 1</th>
<th>Trimester 2</th>
<th>Trimester 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rotation A</td>
<td>Rotation A</td>
<td>Rotation A</td>
<td>Rotation A</td>
</tr>
<tr>
<td>Rotation B</td>
<td>Rotation B</td>
<td>Rotation B</td>
<td>Rotation B</td>
</tr>
<tr>
<td>Outpatient Mental Health Clinic</td>
<td>1st Half Year</td>
<td>2nd Half Year</td>
<td></td>
</tr>
<tr>
<td>Group Supervision</td>
<td>1st Half Year</td>
<td>2nd Half Year</td>
<td></td>
</tr>
</tbody>
</table>

Interns are asked to evaluate their rotations and supervisors each trimester, and they evaluate the program as a whole at mid-year and at the end of the year. Psychology interns will also participate in an end of year exit interview.

Consistent with APA Standards of Accredidation, we have identified clear Minimum Levels of Achievement (MLAs):

In order for interns to maintain good standing in the program they must:
- By the end of the second training trimester, successfully pass the benchmarks for proficiency for one of the following personality assessments: MMPI-2, MMPI-2-RF or PAI. They will also be required to pass the benchmark of proficiency in the core battery of the WAIS-IV and diagnostic interviewing.
- For the second training trimester, obtain ratings of at least a "2" "Close supervision and substantial training required" for all items for each Goal/Competency area on Trimester Evaluations and the Adjunctive Experience Evaluations.
- No items in competency areas will be rated as a “1” (Substantial
supervision/remediation needed).
☐ Not be found to have engaged in any significant ethical transgressions

**In order for interns to successfully complete the program, they must:**
- Successfully meet the benchmarks on the basic proficiency ratings for one of the following personality assessments: MMPI-2, MMPI-2-RF or PAI. They will also be required to pass the benchmark of proficiency in the core battery of the WAIS-IV and diagnostic interviewing.
- By the end of the last training period, obtain ratings of at least a "4" "Little supervision needed" on all items in each Goal/Competency area on the Intern Evaluation and the Adjunctive Training Experience Evaluation.
- Not be found to have engaged in any significant ethical transgressions

As long as the MLA’s to maintain good standing in the program are met, performance on individual rotations or adjunctive experience(s) will not change the requirements to successfully complete the program.

**Mentorship:**
During orientation, each intern selects a HealthEast psychologist to serve as a mentor during the internship. Mentors do not hold an evaluative role during informal and/or formal evaluations. The mentor supports the intern's training endeavors and assists with administrative issues, professional development, problem resolution, and other advising needs.

**Training Term:**
The internship requires a one-year, full-time training commitment beginning August 15 and ending August 14th of the following year. Interns average 40 to 50 hours per week on site. One year at full-time equals 2080 hours.

**Stipend and Benefits:**
The HealthEast Care System has secured stipends for two full-time internship positions. Interns will be paid an annual salary of $25,410.00. They will be offered options for health care insurance, dental insurance, life insurance, and up to 24 days of paid time off (PTO) to be effective the first day of the month following 90 days of employment. PTO is accrued at a rate of .0924 hours per compensated hour (maximum 80 hours) each pay period. Intern’s PTO includes sick time, vacation, and time off to interview for postdoctoral fellowships.

**Supervision:**
Each week, interns will receive a minimum of 3 hours of individual face-to-face supervision with a Licensed Psychologist including 1 hour for the two rotations and 1 hour for the adjunctive experience. They receive an additional 1.5 hours per week of group supervision by a Licensed Psychologist. Total supervision time per week with a Licensed Psychologist is at least 4.5 hours. Additional supervision in main rotations and adjunctive experiences are provided as needed to ensure quality training and clinical services. In addition, interns may receive one hour of supervision by a Licensed Psychologist regarding their supervision of psychology externs, social worker externs, and drug/alcohol counselor externs through a monthly interdisciplinary supervision group.
Program Structure and Components:
Interns work five, eight-hour days each week (8:00 AM to 4:30 PM with a 30 minute lunch break) for a total of 2080 hours for the internship. About 80% of time is devoted to clinical services (e.g., assessment, individual and group therapeutic interventions, case consultation, case conferences, treatment planning, clinical documentation, supervision, etc.) and 20% to attending didactics, assessment clinic, consulting with mentors, special projects, and administrative meetings. The internship year is divided into three, 4-month trimesters. One (24 hour) or two (12 hour) rotations are completed during each trimester. This division of time is designed to allow for breadth of experience, while still providing sufficient time within a setting to achieve depth of experience.

Time Allocation:

<table>
<thead>
<tr>
<th>Track</th>
<th>Rotation 1</th>
<th>Rotation 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standard Track</td>
<td>Rotation 1</td>
<td>Rotation 2</td>
</tr>
<tr>
<td>Outpatient Mental Health Clinic</td>
<td>24 hours per week</td>
<td>8 hours per week</td>
</tr>
<tr>
<td>Group Supervision</td>
<td>1.5 hours per week</td>
<td></td>
</tr>
<tr>
<td>Research</td>
<td>4 hours per week</td>
<td></td>
</tr>
<tr>
<td>Didactics/Seminars</td>
<td>1 hour per week</td>
<td></td>
</tr>
<tr>
<td>Mentoring/Group Activity</td>
<td>1 hour per week</td>
<td></td>
</tr>
</tbody>
</table>

Rotations:
All interns participate in a one week orientation introducing them to the internship program, training staff, and rotation options. Each supervisor will present on the experiences available and expectations for interns within the various programs. At the end of the orientation week, the training committee and the interns collaboratively determine a schedule of rotations for the year. This is done through review of training needs, individual interests, prior experiences and career goals. Plans for subsequent trimesters can be changed as needed prior to the start of the next trimester of the training year.

Inpatient Mental Health Rotation
The Inpatient Mental Health Unit (5500) is a locked psychiatric unit designed to treat individuals who have long standing serious and persistent mental illness (SPMI) and individuals in crisis. Through this rotation you will have the opportunity to work with individuals with a variety of diagnosis, get exposure to sever psychopathology (i.e., bipolar I, schizophrenia, borderline personality disorder) and learn about the commitment process. You will also be exposed to the recovery model of mental health and be expected to adopt this approach in conceptualization and in your work with patients. Patients on 5500 receive individualized comprehensive treatments within the following modalities: a) individual therapy; b) psycho-educational and process groups; c) psychopharmacological treatment services; and d) case management. Interns will learn to perform comprehensive assessments for diagnostic clarification, including the use of objective and projective personality assessments with this acute population. Evidenced based practices such as Motivational Interviewing, Cognitive Behavioral Therapy (CBT) for Psychosis and Acceptance and Commitment Therapy (ACT) are emphasized. Interns are expected to co-facilitate one group and meet with patients for individual therapy during their rotation.

Supervisor: Dr. Morey (ABPP)
**Inpatient Chemical Dependency Rotation**

The Inpatient Chemical Dependency Clinic provides services for individuals with substance use and mental health disorders. As a federally-licensed opioid program, the staff working in this clinic has special expertise in treating problems with prescription pain medications and heroin. The clinic specializes in co-morbid mental health and chemical dependency services (MICD). Interns attend staff meetings, provide clinical interventions such as biopsychosocial screening interviews and individual therapy, teach in psychoeducational classes, co-facilitate psychotherapy MICD groups, and complete documentation.

*Supervisor:* Dr. Samlaska

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**Outpatient Chemical Dependency Rotation**

The Outpatient Chemical Dependency Clinic provides services for individuals with substance use and mental health disorders. The following services are available to patients within this clinic: a) individual therapy; b) psychological evaluation and assessments; c) psychoeducational and process groups; d) psychopharmacological services; and e) behavior and case management. Interns attend staff meetings, provide clinical interventions such as biopsychosocial screening interviews and individual therapy, teach in psychoeducational classes, co-facilitate psychotherapy MICD groups, and complete documentation.

*Supervisor:* Dr. Morey (ABPP)

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**Outpatient Mental Health Rotation**

The Outpatient Mental Health Rotation provides services for individuals with mental health disorders. The following services are available to patients within this clinic: a) individual therapy; b) psychological evaluation and assessments; c) psychoeducational and process groups; d) psychopharmacological services; and e) behavior and case management. Interns attend staff meetings, provide clinical interventions such as biopsychosocial assessments, personality assessments, psychotherapy and process group co-facilitation and individual therapy; teach classes on mental illness; and complete documentation. This is done one day per week throughout the year, but can also be done as an additional rotation if an intern is interested in more experience in an outpatient mental health clinic setting.

*Supervisor:* Dr. Morey (ABPP)

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**Neuropsychology Rotation**

Neuropsychological services are provided in outpatient and inpatient settings for individuals with a wide range of diagnostic issues including stroke, dementia, head trauma, tumors, seizures, and various other cognitive and psychiatric disorders. Interns learn how to conduct neuropsychological interviews, administer and score neuropsychological/personality assessments, interpret findings within the framework of differential diagnosis, and provide feedback to the patient and family members. Availability of rotation dependent on patient and supervisor variables.

*Supervisors:* Dr. Robinson (ABPP), Dr. Glass, Dr. Micklewright (ABPP)

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**Concussion and Mild Traumatic Brain Injury**

Mild brain injuries and concussions are a growing concern among children, adolescents, and
adults and are often accompanied by a constellation of mood, physical, and cognitive symptoms that may persist for weeks to months. Psychologists are well-positioned to evaluate the multiple contributors to persistent symptoms and impaired daily functioning after concussion and educate patients and families about return to sports, work and school, and the recovery trajectory after brain injury. Interns who choose this rotation will work directly alongside the neuropsychologist to conduct the 2-3 hour initial consultations with patients in the concussion clinic. The consultations begin with a thorough clinical interview designed to identify risk factors for persistent symptoms, barriers to return to activities/sports, accommodations needed for return to work or school, and difficulties with adjustment post-injury. Interns will learn to quickly identify differential diagnoses, generate hypotheses regarding the patient’s imminent needs, and learn about in-the-moment decision making and session planning (i.e., conducting an interview only vs. brief 30-60 minute neuropsychological screening battery vs. Impact testing vs. personality testing). Over the course of the session, the intern will work with the neuropsychologist to score and interpret the findings (from face-to-face or computerized testing), generate tailored recommendations, and provide the feedback to the patient and family. In addition to these initial consultations which help to generate the multi-disciplinary treatment plan, there will be opportunities for interns to consult with other team members (physical therapists, neurologists) and (if interested) provide ongoing supportive therapy with the patients. The intern will be expected to carry a small caseload of short-term psychotherapy cases in the concussion clinic, helping to provide emotional support as they manage chronic headaches and post-concussive symptoms and navigate the transition back to work and everyday life. Supervision will include a minimum of one hour per week.

Supervisors: Drs. Glass and Micklewright (ABPP)

Health/Medical Psychology Rotation
The Health/Medical Psychology Clinic is a blended program that combines elements of care management and collaborative care. This entails both mental health and primary care practitioners being physically present in the primary care setting with shared responsibility for evaluation, treatment planning, and monitoring outcomes. Interns gain a deeper understanding of how mental health and adjustment disorders interact and affect various health problems, medical outcomes, and quality of life concerns for patients. Interns actively participate in consultation with primary care staff including physicians, nurse practitioners, nurses, pharmacists and social workers. They will conduct biopsychosocial assessments, individual therapy, and feedback sessions to patients and their families.

Supervisor: Dr. Morey (ABPP)

Oncology Psychology
The oncology psychology rotation would involve work with patients from the Cancer Care Clinics at St. John’s Hospital; Woodwinds Hospital; and St. Joseph’s Hospital. Interns will work with the multidisciplinary team from the Cancer Care Clinic. This experience will provide interns with the opportunity to work with patients and their families on the emotional and mental health aspects of living with cancer. This would include working with patients who are newly diagnosed with cancer; in active treatment; in survivorship; and at end of life. Interns will have the opportunity to work with patients and their families individually and in support group settings. The interns would have the opportunity to be involved in the palliative care clinic. Support group involvement includes breast cancer; prostate cancer; BRCA; and caregiver groups on a monthly basis. Other support events include family bereavement events and advance directive workshops. The interns will conduct biopsychosocial assessments, individual therapy, psychoeducation, and
follow-up on patients with elevated distress scores. Availability of rotation dependent on patient and supervisor variables.

*Cancer care psychologist:* Mary Hughes

*Supervisor:* Dr. Morey (ABPP)

**Ways to Wellness**
The Ways to Wellness Clinic is located on the Woodwinds Campus and provides integrative health services to the HealthEast employee population and community at large. The staff and clinic focus on providing patients holistic health services to optimize well-being, including diet, exercise, and behavioral services. Interns will assist in designing and implementing integrative health and wellness programs to identify and meet needs of community. Interns will have an opportunity to conduct initial and follow-up psychological, including cognitive, evaluations of patients in primary care and mental health settings. Interns will help patients establish specific goals for psychological interventions and collaborate with patient and health providers to achieve goals. Interns will be able to collaborate with family or other individuals in patients’ support network to facilitate patient treatment and progress. Interns will conduct clinical work in an interdisciplinary environment to meet the diverse needs of patients and their families/support networks. Availability of rotation dependent on patient and supervisor variables.

*Supervisor:* Dr. Smith

**Group Supervision in Clinical Psychology Topics:**
Through this year-long group training experience, trainees engage in consultation with each other and a supervisor to discuss topics of importance in the field of psychology. Topics include a range of assessments for the purpose of diagnosis and treatment planning as well as different treatments and factors related to treatment of a wide variety of clinical issues. There will be time for case consultation related to each week’s topic. Competencies emphasized include diagnostic interviewing, intellectual assessment, personality assessment, neuropsychological assessment, treatment, and the provision of consultation and peer supervision. Trainees can expect to become familiar with the relevant research related to each topic. At the end of the year, interns complete two case presentations to supervisors (one assessment and one therapy).

*Supervisor:* all psychology supervisors

**Research:**
While the internship year is intended primarily as an intensive clinical experience, interns are encouraged to participate in clinical research. The internship provides a unique opportunity to complete one’s own dissertation, participate in ongoing research at the hospital, and/or create research projects. All projects must be approved by the training committee and HealthEast’s Institutional Review Board (if required). Four hours per week will be set aside to conduct research.

*Supervisor:* Psychology Interns will choose a supervisor among the Psychology Department

**Didactics/Seminars:**
To supplement direct clinical experiences, interns attend seminars scheduled throughout the
year that emphasize the development of competency, critical thinking abilities, knowledge, and professional identity. HealthEast staff provides educational presentations on research, assessment, interventions, and professional issues. Interns take an active role in selecting training topics and consultants. In addition, interns are required to give one case presentation per year in a large, formal, multidisciplinary setting.

Supervisor: Dr. Morey
Current and Past Interns

(2017-2018)
No current interns

(2016-2017)
Alexis Stanley-Olson, University of California- Santa Barbara, CA, Counseling Psychology
Jesse Regnier, Indiana University of Pennsylvania, PA, Clinical Psychology

(2015-2016)
Mara Locketz, University of St. Thomas – Minneapolis, MN, Counseling Psychology
Susan Glinka, Pacific University – Portland, OR, Clinical Psychology

(2014-2015) Interns
Emiley Hedberg, University of St. Thomas – Minneapolis, MN, Counseling Psychology
Tami Nelson, Minnesota School of Professional Psychology (Argosy) – Bloomington, Clinical Psychology
Accreditation Status:

American Psychological Association:
The HealthEast Care System’s Doctoral Psychology Internship program is Accredited, on
Contingency by the Commission on Accreditation of the American Psychological Association.

Questions related to the program’s accredited status should be directed to the Commission on
Accreditation:
   Office of Program Consultation and Accreditation
   American Psychological Association
   750 1st Street, NE Washington, DC 20002
   Phone: (202) 336-5979 / E-mail: apaccrd@apa.org
   Web: www.apa.org/ed/accreditation
Internship Program Tables:

Date Program Tables are updated: 9/1/2017

Internship Program Admissions

The selection committee’s criteria are based on a “goodness-of-fit” with our practitioner-scholar model. We look for interns possessing a sound clinical and scientific knowledge base from their academic program, strong basic skills in assessment/intervention/research techniques, and the personal characteristics necessary to function well in our setting. The ideal candidate has the ability to function independently with initiative under appropriate supervision, flexibility, maturity, good judgment, and cultural sensitivity. We prefer candidates with experience working with complex patients and problems. We are committed to selecting candidates representing different kinds of programs and theoretical orientations, geographic areas, ages, racial and ethnic backgrounds, sexual orientations, disabilities, and life experiences.

Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many:

| Total Direct Contact Intervention Hours | Yes | 500 hours |
| Total direct Contact Assessment Hours  | Yes | 100 hours |

Describe any other required minimum criteria used to screen applications:
1. Doctoral student in an APA-accredited Clinical or Counseling Psychology program.
2. All coursework required for the doctoral degree must be completed prior to the start of the internship year, as well as any qualifying, comprehensive, or preliminary doctoral examinations.
3. Approval for Internship status by graduate program training director.
4. A minimum of 500 direct intervention and 100 direct assessment hours of supervised graduate level pre-internship practicum experience.
5. U.S. citizenship
6. Matched interns are subject to fingerprinting, background checks, and urine drug screens. Match result and selection decisions are contingent on passing these screens.

Financial and Other Benefit Support for Upcoming Training Year

Annual Stipend/Salary for Full-time Interns: $25,410
Annual Stipend/Salary for Half-time Interns: N/A

Program provides access to medical insurance for intern? Yes
If access to medical insurance is provided
  Trainee contribution to cost required? Yes
  Coverage for family member(s) available? Yes
  Coverage of legally married partner available? Yes
  Coverage of domestic partner available? Yes

Hours of Annual Paid Personal Time Off (PTO and/or Vacation): 24 days of paid time off (PTO) to be effective the first day of the month following 90 days of employment. PTO is accrued at a rate of .0924 hours per compensated hour (maximum 80 hours) each pay period. Intern’s PTO includes sick time, vacation, and time off to interview for postdoctoral fellowships.
In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? Yes

**Initial Post Internship Positions**

<table>
<thead>
<tr>
<th></th>
<th>2014-2017</th>
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<tbody>
<tr>
<td>Total # of interns who were in the 3 cohorts</td>
<td>6</td>
</tr>
<tr>
<td>Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree</td>
<td>0</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PD</th>
<th>EP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Mental Health Center</td>
<td></td>
</tr>
<tr>
<td>Federally qualified health center</td>
<td></td>
</tr>
<tr>
<td>Independent primary care facility/clinic</td>
<td></td>
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<tr>
<td>University Counseling Center</td>
<td></td>
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<tr>
<td>VA medical center</td>
<td></td>
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<tr>
<td>Military health center</td>
<td></td>
</tr>
<tr>
<td>Academic health center</td>
<td></td>
</tr>
<tr>
<td>Other medical center or hospital</td>
<td>3</td>
</tr>
<tr>
<td>Psychiatric hospital</td>
<td></td>
</tr>
<tr>
<td>Academic university/department</td>
<td></td>
</tr>
<tr>
<td>Community college or other teaching setting</td>
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<tr>
<td>Independent research institution</td>
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<tr>
<td>Correctional facility</td>
<td></td>
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<tr>
<td>School district/system</td>
<td></td>
</tr>
<tr>
<td>Independent practice setting</td>
<td>1</td>
</tr>
<tr>
<td>Not currently employed</td>
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<tr>
<td>Changed to another Field</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
</tr>
<tr>
<td>Unknown</td>
<td></td>
</tr>
</tbody>
</table>

Note: “PD” = Post-doctoral residency position; “EP” = Employed Position. Each individual represented in this table should be counted only one time.
Application Process:

Selection Process:
The selection committee’s criteria are based on a “goodness-of-fit” with our practitioner-scholar model. We look for interns possessing a sound clinical and scientific knowledge base from their academic program, strong basic skills in assessment/intervention/research techniques, and the personal characteristics necessary to function well in our setting. The ideal candidate has the ability to function independently with initiative under appropriate supervision, flexibility, maturity, good judgment, and cultural sensitivity. We prefer candidates with experience working with complex patients and problems. We are committed to selecting candidates representing different kinds of programs and theoretical orientations, geographic areas, ages, racial and ethnic backgrounds, sexual orientations, disabilities, and life experiences. Application materials are due by December 1, 2017.

Interview Process:
Applicants will be notified on the status of their applications in Phase I of the Match via email by December 8, 2017. If an applicant is offered an interview, dates and times for an interview will be provided. All applications are initially reviewed for eligibility. The Selection Committee (a subcommittee of the Training Committee) provides multiple readings of each application. Subsequently, applicants who make the final selection round are invited for an interview on either January 9 or January 10, 2018.

Match Policies:
As of 10/24/2014, the HealthEast Care System Psychology Internship Program is a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC) (*External site-see disclaimer below). APPIC has developed guidelines for procedures used in student-internship matching, and these guidelines continue to evolve over time, as APPIC remains responsive to the varied concerns around this issue. The guidelines in effect for this application year are available from APPIC. This internship site agrees to follow APPIC guidelines and to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant. HealthEast Care System will participate in the APPIC Internship Matching Program administered by National Matching Services Inc (NMS). (*External site-see disclaimer below).

Application Procedure:
• Complete the APPIC * online AAPI. Our program code is 230111.
• Submit transcripts and current vita via APPI online. In the AAPI Cover Letter, in the following order, with a space between each
  o Indicate your main area of interest or focus corresponding to our main rotations. If you are offered an interview, this will help determine the staff you meet.
  o Applicants may also identify themselves as representing racial, cultural, ethnic, or other elements of diversity.
• Two letters of recommendation by previous clinical supervisors.
** All application materials must be submitted through the online AAPI. No materials will be accepted by e-mail or US mail.

If you have questions you can reach Dr. Cindy Morey by phone: 651-326-4268 or by e-mail csmorey@healtheast.org

45W. 10th St. /Suite G700
St. Paul, MN 55102
651-232-3000
http://www.healtheast.org/

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**Professional Information Links:**

**American Psychological Association**
750 First Street, NE
Washington, DC 20002-4242
(202) 336-5500
(202) 336-6123 TDD
Web: [www.apa.org](http://www.apa.org) (*External site-see disclaimer below)

**Commission on Accreditation (CoA), American Psychological Association**
750 First Street, NE
Washington, DC 20002-4242
202-336-5979

**APPIC – Association of Psychology Postdoctoral and Internship Centers**
733 15th Street NW Suite 719
Washington, DC 20005
(202) 347-0022
Web: [www.appic.org](http://www.appic.org) *(External site-see disclaimer below)*

**National Matching Services Inc.**
595 Bay St., Suite 301, Box 29
Toronto, Ontario
Canada, M5G 2C2
Telephone: (416) 977-3431
Fax: (416) 977-5020
Web: [www.natmatch.com/psychint/](http://www.natmatch.com/psychint/) *(External site-see disclaimer below)*

**Minnesota Board of Psychology**
2829 University Ave SE Suite 320
Minneapolis, MN 55414
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Web: [psychologyboard.state.mn.us/board.asp](http://psychologyboard.state.mn.us/board.asp) *(External site-see disclaimer below)*

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