Bethesda Hospital is a long-term acute care specialty hospital designed to treat the most critically ill, complex medical patients. Brain Injury Services (BIS) is one of our signature programs and was the first of its kind in Minnesota, created in response to the state’s request in 1993 for a comprehensive, integrated program that would serve the physical, cognitive and emotional needs of people with brain injuries. Our focus is on developing the strengths of brain injury survivors, improving patients’ cognitive and functional skills and reducing emotional and behavioral difficulties so they can be successfully reintegrated into the community. We treat more than 500 brain injury patients annually through our inpatient and outpatient services.

What services can you access?

- **Brain Injury Rehabilitation (BIR)** for patients coping with challenges stemming from a stroke-acquired or traumatic brain injury or anon-degenerative neurological disorder.
- **Neurobehavioral Crisis and Assessment (NCA)** for patients exhibiting severe behavioral problems as a result of acquired or traumatic brain injury. They present as a threat to themselves or others and are in need of hospital admission.
- **Neurobehavioral Brain Injury (NBI)** for patients who have severe behavioral and emotional problems as a result of a brain injury. They have failed many placements in the community and are frequently seen in hospital emergency departments.

What sets our program apart?

- A broad interdisciplinary team featuring certified brain injury specialists in nursing and therapy, and daily physician visits.
- Individualized treatment plans reflecting cognitive, behavioral and physical needs.
- Therapy provided up to six days a week, one to two times per day (based on care plan).
- One-to-one and group therapy services provided by highly skilled physical, occupational, speech and therapeutic recreation staff.
- 16,000 square feet of therapy space with a variety of equipment for use with patients at differing levels of function. In-room therapy also available.
- Music, recreation and exercise groups on the unit and in the therapy department.
- New unit with both large group and family spaces for visiting.
- A focus on working out solutions to daily living at the patient’s highest possible level of function.
- A continuum of care under one roof so patients with multiple diagnoses can receive all care in one location.
- Regularly scheduled meetings with the interdisciplinary team, patient and family to review progress/plan for discharge.
- Patient and family resources including support groups and links to local support organizations, arrangements for home health care, assistance with post-discharge living options and more.
- Community provider of ongoing education and integration of best practices through an annual Brain Injury Conference.
- Outpatient clinic for seamless follow-up care.
- Secure outdoor treatment and recreation area.
What diagnoses may benefit from our Brain Injury Program?

- Stroke
- Guillain-Barre
- Anoxic brain injury
- Seizure disorder
- Spinal cord injury
- Trauma
- Other neurological disorders/conditions

**Robert Sevenich, MD**, is Medical Director for Bethesda Hospital Brain Injury Services. He is board certified in psychiatry, with residencies in psychiatry and family practice. He has served brain injury patients and their families for the past 18 years. His medical interests include medication management and competency in medical decision-making. Dr. Sevenich leads an integrated team providing comprehensive evaluation and treatment for brain injury survivors.

*For more information or to refer a patient, please call our Admissions department at 651-232-2760.
To take a virtual tour of our campus, please visit healtheast.org/bethesda.*

*The journey to healing begins for one patient...  ...as another makes progress toward community reintegration.*

**Notes:**