

## Hysterosalpingogram

Please read this before your appointment. Feel free to ask questions.

A **Hysterosalpingogram (HSG)** is an x-ray exam. This exam is to look at the female organs. It is usually done for women who are having trouble getting pregnant. A radiologist (a doctor who specializes in reading x-rays) will do this exam. A radiologic technologist assists the radiologist. This exam is performed between days 5 and 10 of the menstrual cycle. This exam usually takes 45 minutes.

**You are scheduled for an exam at the following HealthEast facility:**

- St. John's Hospital
- St. Joseph's Hospital
- Woodwinds Health Campus

**Appointment Date:** \_\_\_\_\_ **Appointment Time:** \_\_\_\_\_

Questions about scheduling, call: 651-232-5500

**Tell your health care professional if you:**

- Are or might be pregnant.
- Are allergic to shellfish.
- If you are allergic to the iodine dye that is used in the contrast material or anything else that contains iodine.
- Have bleeding problems.
- Are taking blood thinners, coumadin or aspirin.
- Have a history of kidney problems or diabetes.

### Preparation

Your doctor will give you instructions for preparing for this exam. We recommend that you take 800mg. of Ibuprofen the morning of the test. Do not have any unprotected intercourse prior to the procedure.

### The Examination

For this exam, we will ask you to wear a hospital gown and robe. When you enter the exam room, the technologist will ask you a few medical history questions. You will also be asked to sign a consent form.

First, we have you lie on your back on exam table. Your feet will be raised and supported by stirrups. The radiologist will insert a smooth instrument (speculum) into your vagina. The cervix is then cleaned. A flexible tube (catheter) is inserted into the uterus. A small balloon is inflated at the end of the catheter to hold it in place. An x-ray material is injected through the catheter to see the fallopian tubes. X-rays will then be taken. You will probably feel some cramping similar to menstrual cramps during the test. The amount and length of the discomfort depends upon the condition of the fallopian tubes. If we can help make you more comfortable, please let us know.

**When the Exam Is Completed**

The radiologist will study the films and report the findings to your doctor. Your doctor will explain the results to you. You may go back to your normal activities unless otherwise instructed by your doctor. Feel free to ask questions if something is not clear to you. We welcome your comments.

**At HealthEast, we are dedicated to providing the best possible care. Thank you for taking time to read these instructions. We hope to make your experience as pleasant as possible.**

**Billing Information**

You will receive two bills for this exam.

1. The technical fee is for doing the procedure. It will be from the HealthEast facility. If you have questions regarding this bill, call 651-232-1100.
2. The professional fee is for the radiologist's time. It will be from the radiologist's group. There will be a phone number on the bill that you may call if you have any questions regarding the charge.

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HealthEast Care Connection: 651/326-CARE (2273) · 1-866-326-CARE (toll free)  
· [www.healtheast.org](http://www.healtheast.org)