

C.T. Assisted Biopsy/Drainage

Please read this before your appointment. Feel free to ask questions.

A **C.T. (Computerized Tomography) Assisted /Biopsy** is a special test done to drain a fluid collection or remove tissue or cells from an area of concern. For this test a special x-ray machine called a C.T. scanner is used to help pin point the area of interest. If you have any questions please feel free to call the C.T. department. St. John's Hospital 651-232-7680, St. Joseph's Hospital 651-232-3522, or Woodwinds Health Campus 651-232-0522.

You are scheduled for an exam at the following HealthEast facility:

- St. John's Hospital Woodwinds Health Campus
 St. Joseph's Hospital

Appointment Date: _____ **Time:** _____

Questions about Scheduling, call: 651-232-5500

Please let us know if you:

- Are diabetic or have a history of kidney problems.
- Are or might be pregnant.

Preparation

Do NOT eat or drink six hours before the exam.

You are able to take your morning medications excluding:

Coumadin-stop for 4 days before exam.

Heparin- stop for 2 hours before exam.

Lovenox- hold a.m. dose (stop for 12 hrs before the exam)

Plavix- stop 7 days before exam.

Diabetic Patients: Hold all morning diabetic medications and bring them with you to your appointment.

Please do not take blood thinners 72 hours before your exam. Please arrive an hour and a half early for lab work. After the exam, there will be a two to four hour observation time, before we allow you to leave. Someone needs to drive you home. For this exam, the radiologist will need your most recent exams and the reports. If these exams were not done within HealthEast, please bring them to your appointment. The radiologist will need them before they begin.

Previous Exams: If you have had previous radiology imaging on the area being biopsied; it would be beneficial to have the pictures at the facility where you are having this performed, the day before your exam.

The Examination

You will be asked to fill out a questionnaire regarding your medical history and you will be asked to sign a consent after the procedure has been explained to you. You may be asked to change your clothes for the exam.

The C.T. technologist will help you onto the C.T. table. A radiologist (doctor who specializes in x-ray) will inject a numbing material to help numb the area. A small needle, used to take a sample will be inserted, or a catheter (a small, narrow tube) will be used to drain the area of interest. Pictures will be taken by the C.T. scanner each step of the exam to make sure that the needle is in the correct position. The table will move and you may hear the x-ray tube move during the exam.

When the Exam Is Completed

After your biopsy:

- You will be asked to stay in the radiology or same-day surgery department for a brief time so the staff can make sure you are doing alright. Most people go home between one and six hours after their biopsy.
- Take it easy for the rest of the day. Take it easy means to rest and relax, don't work and don't exercise.
- The biopsy area may be tender or sore for one to two days.
- Avoid aspirin and ibuprofen for three days. Avoid medications that contain aspirin or ibuprofen as well.
- Be sure to call tomorrow to schedule a follow-up office appointment with your doctor to discuss the results of your biopsy.
- Feel free to ask questions if something is not clear to you. We welcome your comments.

At HealthEast, we are dedicated to providing the best possible care. Thank you for taking time to read these instructions. We hope to make your experience as pleasant as possible.

Billing Information

You will receive two bills for this exam.

1. The technical fee is for doing the procedure. It will be from the HealthEast facility. If you have questions regarding this bill, call 651-232-1100.
2. The professional fee is for the radiologist's time. It will be from the radiologist's group. There will be a phone number on the bill that you may call if you have any questions regarding the charge.

Materials provided by HealthEast Patient Education Service. For 24 hour access and referral:
HealthEast Care Connection: 651/326-CARE (2273) · 1-866-326-CARE (toll free)
· www.healtheast.org