

## **PET/CT**

Please read this before your appointment. Feel free to ask questions.

Positron Emission Tomography (PET) & Computerized Tomography (CT) are imaging procedures used together for this exam. Areas of concern detected with PET and located with CT. For this exam a small amount of radioactive material is given. A technologist will perform the exam under the direction of a radiologist. A radiologist is a doctor who specializes in reading x-rays. You can expect your total appointment time to be at least 2 hours.

**You are scheduled for an exam at the following HealthEast facility:**

- St. John's Hospital

**Appointment Date:** \_\_\_\_\_ **Appointment Time:** \_\_\_\_\_

Questions about scheduling, call: 651-232-5500

**Please let us know if you:**

- Are or might be pregnant.
- Are diabetic or elevated blood sugars.

### **Preparation**

No food or drink for 4 to 6 hours before the test. No exercise for 24 hours before the test. Please drink two (2) 8 ounce glasses of water the evening before and the morning of the exam. Avoid all beverages with caffeine and sugar. Please follow the instructions carefully.

### **The Examination**

When you enter the exam room, we will explain the exam to you. We will ask you a few questions and answer any questions you may have.

The exam begins by injecting you with a safe material. The injection will be put into a vein in your arm. There are no side effects from this material. After the injection you will wait quietly for about one hour.

For the pictures, you will be asked to lie on a table. The table will slowly pass through the PET/CT scanner. The actual scan time usually takes 30 minutes. The pictures will be clearer if you are able to hold still.

### **When the Exam Is Completed**

The radiologist will study the pictures. The radiologist will then tell your doctor what was found on the pictures. Your doctor will explain the results to you. Unless your doctor tells you differently, you may return to your normal diet and activities. Feel free to ask questions. We welcome your comments.

**At HealthEast, we are dedicated to providing the best possible care. Thank you for taking time to read these instructions. We hope to make your experience as pleasant as possible.**

### **Billing Information**

You will receive two bills for this exam.

1. The technical fee is for doing the procedure. It will be from the HealthEast facility. If you have questions regarding this bill, call 651-232-1100.
2. The professional fee is for the radiologist's time. It will be from the radiologist's group. There will be a phone number on the bill that you may call if you have any questions regarding the charge.

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Materials provided by HealthEast Patient Education Service. For 24 hour access and referral:  
HealthEast Care Connection: 651/326-CARE (2273) · 1-866-326-CARE (toll free)  
· [www.healtheast.org](http://www.healtheast.org)