

Intravenous Pyelogram

Please read this before your appointment. Feel free to ask questions.

An **Intravenous Pyelogram (IVP)** is an x-ray of your kidneys, ureters and bladder. A radiologist performs the exam. A radiologist is a doctor who specializes in reading x-rays. A radiologic technologist assists the doctor. Usually this exam takes 45 minutes.

You are scheduled for an exam at the following HealthEast facility:

- St. John's Hospital
- St. Joseph's Hospital
- Woodwinds Health Campus

Appointment Date: _____ **Time:** _____

Questions about scheduling, call: 651-232-5500

Tell your health care professional if you:

- Are or might be pregnant.
- Are allergic to shellfish, the iodine dye that is used in x-ray tests or anything else that contains iodine.
- Have a history of kidney problems or diabetes.
- Have had a barium test (Upper GI, Barium Swallow, or Barium Enema) recently.

Preparation

You will be given a bowel prep kit from your clinic prior to this test. Please follow the instructions and complete the prep.

The Examination

For this exam, you will change your clothes and wear a hospital gown and robe. When you enter the exam room, the technologist will ask you a few brief medical history questions to the exam.

You will be asked to lie on an x-ray table. A contrast material will be injected into a vein, usually in your arm. The contrast will flow through the bloodstream to the organs. The contrast will allow the kidneys, ureters and bladder to be seen on x-ray. The contrast is colorless, odorless and removed by the body through the urine. Sometimes, patients may notice a warm feeling in their body and a funny taste in their mouth. These are normal side effects to the contrast and will only last a few minutes.

You will be asked to lie still during the exam. The technologist will ask you to hold your breath as the pictures are being taken. These are small but important requests. You may have a pressure device placed over the abdomen during the exam for a short time. At the end of the exam, you may be asked to empty your bladder and have another x-ray taken. Sometimes, more films are needed.

When the Exam Is Completed

The radiologist will report the findings to your doctor. Your doctor will explain the results to you. You may go back to normal diet and activities unless otherwise instructed by your doctor. Feel free to ask questions if something is not clear to you. We welcome your comments.

At HealthEast, we are dedicated to providing the best possible care. Thank you for taking time to read these instructions. We hope to make your experience as pleasant as possible.

Billing Information

You will receive two bills for this exam.

1. The technical fee is for doing the procedure. It will be from the HealthEast facility. If you have questions regarding this bill, call 651-232-1100.
2. The professional fee is for the radiologist's time. It will be from the radiologist's group. There will be a phone number on the bill that you may call if you have any questions regarding the charge.

Materials provided by HealthEast Patient Education Service. For 24 hour access and referral:
HealthEast Care Connection: 651/326-CARE (2273) · 1-866-326-CARE (toll free)
· www.healtheast.org