

To provide the best medical care possible, we believe a partnership between you and your clinician is essential. Our responsibilities in this partnership include recommending proven safe and effective treatments, being competent in our roles and promoting safe use of medications. Your responsibilities include telling us about your symptoms and health history, and asking questions if you don't understand something.

Thinking about your visit before you see your clinician can help you get the most out of the time you spend in the clinic. Take a moment to think about and write down the questions or concerns you would like to cover during your visit today.

- 1.
- 2.
- 3.

Please check any other items you would like to address today

- Medication refills

Medications?	Dose?	Directions?
--------------	-------	-------------

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

- Forms filled out (for example forms for sports physicals, DMV, workers' compensation, disability, handicapped parking permit)
- Note for work or school
- Copy of immunization record
- Copy of my current medication list

Please bring this with you to your clinic visit!